

Dear Store Manager,

As a frequent customer to your store, I would like to thank you for offering fresh, organic healthy food for which I can feed myself and family. Healthy food is a top priority in our household so having a place I can shop for non-adulterated, organic produce and grain-based products as well as grass-fed meats and dairy is extremely important to me.

But, I have become very concerned about the safety of the food that is available in this country, particularly the non-organic, un-labeled genetically modified (GM) ingredients so prevalent in our food supply today. No human health or adequate safety testing has been done on these genetically altered foods and it is unclear if these GM foods are causing the increase in disorders such as allergies, asthma, autism, heart disease or cancer. In fact in May 2009, the American Academy of Environmental Medicine released a policy paper urging all doctors to prescribe non-GMO diets for everyone, stating that animal studies show that GM food is linked to infertility, immune problems, accelerated aging, organ damage, and gastrointestinal problems. They called for a moratorium on GMOs, and mandatory labeling.

My family's health depends upon knowing what's in our food, where it comes from, and what it's made of. We deserve the right to make informed decisions about what we put into our bodies. Opinion polls have shown that 95% of Americans want labeling of genetically modified food. Unfortunately, the GM ingredients in the food in your store are not labeled.

Considering the growing awareness and questionable health affects of these GM foods I am asking you to label all products in your store that contain GM ingredients including the meats you carry and those from Confined Animal Feeding Operations (CAFOs). In fact, it is in your best interest to move away from carrying products with GM ingredients as more and more consumers become aware of the dangers of these foods. By eliminating GM foods, you will gain the respect and trust of the community and families who make healthy eating a priority for their family.

I look forward to witnessing your store's transition to non-GM products.

For more information on the health risks and the growing consumer non- GMO movement, go to The Institute for Responsible Technology's site www.ResponsibleTechnology.org. To find out about the new third-party non-GMO standard, see www.NonGMOProject.org.

Thank you for your time,